

APEX

SKATING ACADEMY

LOCATION

MONDAYS		TUESDAYS		WEDNESDAYS		THURSDAYS		FRIDAYS		SATURDAYS		SUNDAYS	
23-Apr	Glacier2 (SR only)	24-Apr	No Skating	25-Apr	No Skating	26-Apr	Robert French	27-Apr	Robert French	28-Apr	Robert French	29-Apr	Robert French
30-Apr	CBS Arena	01-May	CBS Arena	02-May	Robert French	03-May	CBS Arena	04-May	CBS Arena	05-May	No Skating	06-May	No Skating
07-May	Robert French	08-May	No Skating	09-May	Robert French	10-May	No Skating	11-May	Robert French	12-May	Robert French	13-May	Robert French
14-May	CBS Arena	15-May	CBS Arena	16-May	CBS Arena	17-May	CBS Arena	18-May	CBS Arena	19-May	CBS Arena	20-May	CBS Arena
21-May	No Skating	22-May	No Skating	23-May	No Skating	24-May	No Skating	25-May	No Skating	26-May	CBS Arena	27-May	CBS Arena
28-May	CBS Arena	29-May	CBS Arena	30-May	CBS Arena	31-May	CBS Arena	01-Jun	CBS Arena	02-Jun	CBS Arena	03-Jun	CBS Arena
04-Jun	CBS Arena	05-Jun	CBS Arena	06-Jun	CBS Arena	07-Jun	CBS Arena	08-Jun	CBS Arena	09-Jun	CBS Arena	10-Jun	CBS Arena

SCHEDULE

MONDAYS		TUESDAYS		WEDNESDAYS		THURSDAYS		FRIDAYS		SATURDAYS		SUNDAYS	
4:00-4:50	Sr FreeSkate	5:00-5:25	Jr/Int Skills	4:00-4:20	Jr/Int SK/Dance	4:00-4:20	Int SK/Dance	4:00-4:50	Sr FreeSkate	9:00-9:50	Sr FreeSkate	9:00-9:20	Jr Skills
4:50-5:10	Sr SK/Dance	5:25-6:15	Jr/Int FreeSkate	4:20-5:10	Jr/Int FreeSkate	4:20-5:05	Int FreeSkate	4:50-5:10	Sr Stroking	9:50-10:05	Sr SK/Dance	9:20-10:05	Jr FreeSkate
5:10-5:20	FLOOD	6:15-6:35	Jr/Int Dance	5:10-5:20	Jr/Int Stroking	5:05-5:20	Int Stroking	5:10-5:20	FLOOD	10:05-10:20	Sr Stroking	10:05-10:20	Jr Dance
5:20-6:10	Sr FreeSkate	6:35-6:50	Jr/Int Stroking	5:20-5:30	FLOOD	5:20-5:30	FLOOD	5:20-6:10	Sr FreeSkate	10:20-10:30	FLOOD	10:20-10:30	Jr Stroking
6:10-6:20	FLOOD			5:30-6:30	STAR Academy	5:30-5:50	Jr SK/Dance	6:10-6:20	FLOOD	10:30-11:20	Sr FreeSkate	10:30-10:40	FLOOD
6:20-6:45	Int SK/Dance			6:30-6:40	FLOOD	5:50-6:40	Jr FreeSkate	6:20-6:45	Jr SK/Dance	11:20-11:30	FLOOD	10:40-11:30	Sr FreeSkate
7:45-7:35	Int FreeSkate			6:40-7:25	Int/Sr FreeSkate	6:40-6:50	Jr Stroking	6:45-7:35	Jr FreeSkate	11:30-11:55	Int SK/Dance	11:30-11:50	Sr SK/Dance
7:35-7:50	Int Stroking			7:25-7:40	Int/Sr SK/Dance	6:50-7:00	FLOOD	7:35-7:50	Jr Stroking	11:55-12:45	Int FreeSkate	11:50-12:05	Sr Stroking
				7:40-7:50	FLOOD	7:00-7:20	Sr SK/Dance			12:45-1:00	Int Stroking	12:05-12:15	FLOOD
				7:50-8:35	Int/Sr FreeSkate	7:20-8:20	Sr FreeSkate			1:00-1:10	FLOOD	12:15-1:05	Sr FreeSkate
				8:35-8:50	Int/Sr Stroking	OFF ICE JUMP CLASSES				1:10-2:00	Jr FreeSkate	1:05-1:15	FLOOD
						4:50-5:20	Junior			2:00-2:25	Jr SK/Dance	1:15-2:05	CANSKATE
						5:30-6:00	Intermediate			2:25-2:40	Jr Stroking	2:05-2:15	Flood
						6:10-6:50	Senior			2:40-2:50	FLOOD	2:15-2:35	Int Skills
										2:50-3:50	STAR Academy	2:35-3:20	Int FreeSkate
												3:20-3:35	Int Dance
												3:35-3:50	Int Stroking

Jr Skaters - Skaters working on STAR 1 - 4 tests

Int Skaters - Skaters passed the Junior Bronze/STAR 4 FreeSkate test

Sr Skaters - Skaters passed the complete Junior Silver FreeSkate test

Wednesday divisions - Jr/Int - Skaters not passed the complete Senior Bronze FreeSkate test

Int/Sr - Skaters passed the complete Senior Bronze FreeSkate test